

## CHLD 2011 AGES AND STAGES OF DEVELOPMENT FOR INFANTS AND TODDLERS\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.  
 Fee: \$10.00  
 Target Audience: Providers who work with infants and toddlers

### Overview

This course is the first in a series related to the care and development of infants and toddlers. The course will provide participants with information on the ages and stages of development for infants and toddlers. The primary focus of this course is to explore three needs that are central to the young child's growth: security, exploration, and identity. In addition, this course will address the sequence of developmental milestones and how each influences the other. Finally, the course discusses the characteristics of caregivers, the value of observation, and the importance of communication between caregivers and parents.

Registration Number	Date	City	Location
78457	09/20	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
78458	09/20	Wytheville	Wytheville Meeting Center, Room 3 333 Community Boulevard
78459	09/27	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA291 3001 North Beauregard Street
78460	09/27	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
78461	09/27	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206 B 108 North Jefferson Street, Suite 201
78462	10/04	Weyers Cave	Blue Ridge Community College Building E, Room E106 One College Lane
78463	10/11	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Auditorium 10000 Germanna Point Drive
78464	10/25	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Rooms 1301–1303 600 Butler Farm Road
78465	11/01	Chester	John Tyler Community College Chester Campus Bird Hall, Room 116 13101 Jefferson Davis Highway
78466	11/01	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive

\*\* This may be used as a component course for VDSS ECEP – Infant and Toddler Endorsement Program. See page 9 for details.



## CHLD 2021 CHILDREN AND NATURE: HABITAT PLAY AREAS FOR CHILD CARE PROFESSIONALS

Length: 6 Hours – 9:00 a.m. to 4:00 p.m.  
 Fee: \$25.00 (includes lunch)  
 Target Audience: Providers who work with toddlers and preschool children

### Overview

Explore the human-nature connection in this course, which will provide ideas for developing safe habitats and gardens where children can interact daily with nature. The course includes an overview of methods and techniques for improving habitat with native plants, water features and simple structures that will attract birds, butterflies and other wildlife for children to observe. Participants will spend some time outdoors (rain or shine) engaged in hands-on activities that illustrate how immersion in nature can enhance a young child's developmental skills and well-being. Learn how to examine your own attitudes toward nature and overcome possible biases that can influence the quality of a child's outdoor experience. Through direct interaction, brief lectures and group discussion, participants will come away with a "toolkit" for developing and using a nature area at their own facility.

### Objectives

- Describe the positive benefits that daily experiences in nature provide for a child's physical and emotional development.
- Discuss how we form our own attitudes toward nature and how to model positive attitudes for children.
- Identify the main components of an effective nature-oriented play space for children.
- Describe examples of appropriate play experiences in nature for toddlers and preschoolers.
- Learn how to design a small-scale, balanced wildlife habitat that will attract birds and butterflies for children to observe.

Registration Number	Date	City	Location
78601	10/04	Hampton	Thomas Nelson Community College Peninsula Workforce Dev. Center Room 1120 600 Butler Farm Road
78602	11/01	Springfield	NOVA Community College Springfield Campus Medical Education Building Room HE253 6699 Springfield Center Drive
78603	11/15	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 134 1630 East Parham Road

## CHLD 2013 PLANNING ACTIVITIES FOR INFANTS AND TODDLERS\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.  
 Fee: \$10.00  
 Target Audience: Providers who work with infants and toddlers

### Overview

This course is designed to identify age and stage appropriate play experiences for infants and toddlers by defining the role of infant/toddler caregivers. Developmental domains will be discussed as they relate to play experiences. The course will identify the characteristics of appropriate play experiences for infants and toddlers and introduce participants to guidelines for selecting and constructing appropriate play materials.

Registration Number	Date	City	Location
78477	10/04	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
78478	10/11	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA158 3001 North Beauregard Street
78479	10/11	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
78480	10/11	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
78481	10/11	Wytheville	Wytheville Meeting Center Room 3 333 Community Boulevard
78482	10/18	Weyers Cave	Blue Ridge Community College Robert E. Plecker Workforce Center Room P126A One College Lane
78483	11/08	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Rooms 105 A & B 10000 Germanna Point Drive
78484	11/15	Chester	John Tyler Community College Chester Campus Bird Hall, Room 116 13101 Jefferson Davis Highway
78485	11/15	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
78486	11/15	Hampton	Thomas Nelson Community College Peninsula Workforce Dev. Center Rooms 1301-1303 600 Butler Farm Road

\*\* This may be used as a component course for VDSS ECEP – Infant and Toddler Endorsement Program. See page 9 for details.

## CHLD 2019 PLAYGROUND SAFETY


 REVISED

Length: 3 Hours – 9:00 a.m. to 12:00 p.m.  
 Fee: \$10.00  
 Target Audience: Providers who work with children of all ages

### Overview

This course will raise awareness about the many issues related to making and keeping playgrounds safe for children including: supervising children, choosing age-appropriate equipment, ensuring safe surfacing, understanding proper layout of equipment, maintaining the playground, and identifying and resolving playground hazards. The course has been updated to reflect the newest information (April 2008) from the Consumer Product Safety Commission. Information that is required by the *Standards for Licensed Child Day Centers* and the *Minimum Standards for Licensed Family Day Homes* on playground safety will be included.

### Objectives

- Describe the leading causes of playground injuries and deaths.
- List and describe the components of a S.A.F.E. playground.
- Explain the components of active supervision.
- Describe how age-appropriate playground equipment can help reduce injuries.
- Explain safe surfacing and describe the importance of a proper use zone.
- Evaluate the playground for potential hazards.
- Name at least two reasons why proper maintenance of the playground is so important.
- Identify steps to take in purchasing new playground equipment and surfacing.
- Identify important components of a written playground safety procedure.
- Apply principles of playground safety to realistic situations/environments.

Registration Number	Date	City	Location
78592	9/27	Wytheville	Wytheville Meeting Center Rooms 1 & 2 333 Community Boulevard
78593	10/25	Williamsburg	Thomas Nelson Community College Williamsburg Discovery Center 5308 Discovery Park Boulevard
78594	11/01	Chester	John Tyler Community College Chester Campus Bird Hall, Room B124 13101 Jefferson Davis Highway
78595	11/15	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE253 6699 Springfield Center Drive
78596	11/22	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 117 108 North Jefferson Street, Suite 201
78597	12/06	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Rooms 105 A & B 10000 Germanna Point Drive

## CHLD 2006 NURTURING PRODUCTIVE PARTNERSHIPS WITH PARENTS\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.  
 Fee: \$10.00  
 Target Audience: Providers who work with children of all ages

### Overview

This course is designed to enhance the early childhood professional's skills and ability to establish positive, productive partnerships with parents. The course will identify the principles of effective communication with parents and discuss techniques and strategies for dealing with difficult parent-teacher situations. This course includes hands-on activities, community learning group discussions, a video, and a lecture.

Registration Number	Date	City	Location
78511	09/20	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Rooms 105 A & B 10000 Germanna Point Drive
78512	09/20	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
78513	09/20	Hampton	Thomas Nelson Community College Peninsula Workforce Dev. Center Rooms 1301-1303 600 Butler Farm Road
78514	09/27	Chester	John Tyler Community College Chester Campus Moyar Hall, Rooms M201 A & B 13101 Jefferson Davis Highway
78515	10/25	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
78517	10/25	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA158 3001 North Beauregard Street
78518	10/25	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
78519	10/25	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
78520	11/01	Weyers Cave	Blue Ridge Community College Building E, Room E106 One College Lane
78521	11/01	Abingdon	Virginia Highlands Community College Southwest Higher Education Center Room 240 One Partnership Circle

\*\* This may be used as a component course for both VDSS Early Childhood Endorsement Programs. See page 9 for details.

## CHLD 2007 OBSERVATION AND RECORDING: IT'S NOT ALWAYS OBVIOUS\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.  
 Fee: \$10.00  
 Target Audience: Providers who work with children of all ages

### Overview

Learning the fine art of observation and recording of children's behavior allows the child care professional to gain a greater understanding of the children in her/his care in order to enhance curricula; plan and adapt the classroom or home environment; provide staff and parents with insight into each child's interests; develop children's social skills; and manage challenging behaviors. Methods of observation and the pros and cons of various types of recording tools will be discussed. The course will assist professionals in incorporating the skill of accurately and objectively observing and recording children's behavior in various settings.

Registration Number	Date	City	Location
78522	09/20	Chester	John Tyler Community College Chester Campus Bird Hall, Room 116 13101 Jefferson Davis Highway
78523	09/27	Hampton	Thomas Nelson Community College Peninsula Workforce Dev. Center Rooms 1301-1303 600 Butler Farm Road
78524	10/04	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Rooms 105 A & B 10000 Germanna Point Drive
78525	10/25	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
78526	11/01	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
78527	11/01	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
78528	11/08	Weyers Cave	Blue Ridge Community College Robert E. Plecker Workforce Center Room P126A One College Lane
78529	11/08	Abingdon	Virginia Highlands Community College Southwest Higher Education Center Room 240 One Partnership Circle
78530	11/15	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
78531	12/06	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA158 3001 North Beauregard Street

\*\* This may be used as a component course for both VDSS Early Childhood Endorsement Programs. See page 9 for details.

## CHLD 2020 GROWING WILD WITH YOUR CLASS

NEW

Length: 6 Hours – 9:00 a.m. to 4:00 p.m.  
 Fee: \$25.00 (includes lunch)  
 Target Audience: Providers who work with preschool and school-age children up to age 12

### Overview

With the publication of “Last Child in the Woods” by Richard Louv, the health benefits, both physical and mental, of children having the opportunity to explore nature have never been better understood. The activities provided in this course from Project WILD will provide ideas and resources for helping children in your care become more involved in the natural world. Individual copies of the 500-page *Project WILD K-12 Curriculum and Activity Guide*, activities for preschoolers and supplementary information about Virginia’s wildlife will be provided.

### Objectives

- Understand the importance of the environment, especially wildlife, in our daily lives.
- Participate in hands-on activities that will enhance nature studies.
- Review the Project WILD curriculum and activity guide and best practices for using the materials.

Registration Number	Date	City	Location
78598	10/04	Dublin	New River Community College Edwards Hall, Room 117 5251 College Drive
78599	11/01	Williamsburg	Thomas Nelson Community College Williamsburg Discovery Center 5308 Discovery Park Boulevard
78600	12/06	Charlottesville	Piedmont Virginia Community College Virginia Workforce Center, Room 3 2211 Hydraulic Road



## CHLD 2014 GUIDING THE BEHAVIORS OF INFANTS AND TODDLERS\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.  
 Fee: \$10.00  
 Target Audience: Providers who work with infants and toddlers

### Overview

This course is designed to identify the behavioral characteristics and temperaments of infants and toddlers; to define the differences between guidance and punishment; and to learn age-appropriate strategies and techniques for use with infants and toddlers. The primary focus of this course is to recognize the factors that affect behaviors, to recognize behaviors that are expected to naturally occur, and to recognize that the caregiver’s response affects the outcome of the behavior or guidance technique. In addition, the course will address the sequence of developmental milestones, how these milestones influence the caregiver’s response behaviors, and provide participants with appropriate behavioral strategies.

Registration Number	Date	City	Location
78487	10/11	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
78488	10/18	Alexandria	NOVA Community College Alexandria Community College Bisdorf Building, Room AA291 3001 North Beauregard Street
78491	10/18	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
78492	10/18	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
78493	10/25	Weyers Cave	Blue Ridge Community College Building E, Room E106 One College Lane
78494	10/25	Wytheville	Wytheville Meeting Center Room 3 333 Community Boulevard
78495	11/15	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Rooms 105 A & B 10000 Germanna Point Drive
78496	11/22	Chester	John Tyler Community College Chester Campus Bird Hall, Room 116 13101 Jefferson Davis Highway
78497	11/22	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
78498	11/22	Hampton	Thomas Nelson Community College Peninsula Workforce Dev. Center Rooms 1301-1303 600 Butler Farm Road

\*\* This may be used as a component course for VDSS ECEP – Infant and Toddler Endorsement Program. See page 9 for details.



## CHLD 2012 CREATING AN APPROPRIATE LEARNING ENVIRONMENT FOR INFANTS AND TODDLERS\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.  
 Fee: \$10.00  
 Target Audience: Providers who work with infants and toddlers

### Overview

This course is designed to identify key elements for creating an appropriate learning environment for infants and toddlers. The primary focus is to explore eight basic qualities of a well-designed infant and toddler space: safety, health, comfort, convenience, child-sized equipment, flexibility, movement, and choice making. In addition, the course will address the sequence of developmental milestones and how they must be considered when planning an appropriate environment. Finally, the course will describe how to develop and organize a daily plan for young infants, mobile infants, and toddlers.

Registration Number	Date	City	Location
78467	09/27	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
78468	09/27	Wytheville	Wytheville Meeting Center Room 3 333 Community Boulevard
78469	10/04	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA291 3001 North Beauregard Street
78470	10/04	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
78471	10/04	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
78472	10/11	Weyers Cave	Blue Ridge Community College Robert E. Plecker Workforce Dev. Center Room P126A One College Lane
78473	10/18	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Auditorium 10000 Germanna Point Drive
78474	11/01	Hampton	Thomas Nelson Community College Peninsula Workforce Dev. Center Rooms 1301-1303 600 Butler Farm Road
78475	11/08	Chester	John Tyler Community College Chester Campus Bird Hall, Room 116 13101 Jefferson Davis Highway
78476	11/08	Springfield	NOVA Community College Springfield Campus Medical Education Building Room HE256 6699 Springfield Center Drive

\*\* This may be used as a component course for VDSS ECEP – Infant and Toddler Endorsement Program. See page 9 for details.

## HLTH 2124 EVERY TEACHER IS A BRAIN SURGEON - Exploring Brain Development – Part 1\*\*

Length: 4 Hours - 9:00 a.m. to 1:00 p.m.  
 Fee: \$10.00  
 Target Audience: Providers who work with infants and toddlers and preschool children

### Overview

This course offers an introduction and overview of the human brain as it relates to child care and the ages and stages of development. The course will explore the function and physical makeup of the brain, examine the “Windows of Learning” associated with language acquisition, large/small motor skills, reading comprehension, social skills, and discuss the importance of nurturing for successful brain development.

Registration Number	Date	City	Location
78499	09/27	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
78500	10/04	Hampton	Thomas Nelson Community College Peninsula Workforce Dev. Center Rooms 1301-1303 600 Butler Farm Road
78502	11/01	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
78503	11/08	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA158 3001 North Beauregard Street
78504	11/15	Weyers Cave	Blue Ridge Community College Robert E. Plecker Workforce Center Room P126A One College Lane
78505	11/15	Virginia Beach	Tidewater Community College Advance Technology Center Room H-170 1700 College Crescent
78506	11/15	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
78507	11/15	Abingdon	Virginia Highlands Community College Southwest Higher Education Center Room 240 One Partnership Circle
78508	11/22	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Rooms 105 A & B 10000 Germanna Point Drive
78509	12/06	Chester	John Tyler Community College Chester Campus Moyar Hall, Rooms M201 A & B 13101 Jefferson Davis Highway

\*\* This may be used as a component course for VDSS ECEP – Preschool Endorsement Program. See page 9 for details.

## CHLD 2009 PREVENTING INJURIES IN THE CHILD CARE ENVIRONMENT\*\*

REVISED

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.  
 Fee: \$10.00  
 Target Audience: Providers who work with children of all ages

### Overview

This course will raise awareness about keeping the child care environment safe and ensuring active supervision for children, including preventing falls, burns, choking, suffocation, strangulation and injuries related to products, toys, furniture, water, transportation and pedestrian injuries. Information that is required by the *Standards for Licensed Child Day Centers* and the *Minimum Standards for Licensed Family Day Homes* on safety and injury prevention in the child care environment will be included.

Registration Number	Date	City	Location
78542	09/27	Weyers Cave	Blue Ridge Community College Building E, Room E106 One College Lane
78543	10/04	Wytheville	Wytheville Meeting Center Room 3 333 Community Boulevard
78546	10/11	Chester	John Tyler Community College Chester Campus Bird Hall, Room 116 13101 Jefferson Davis Highway
78547	10/11	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
78548	10/18	Hampton	Thomas Nelson Community College Peninsula Workforce Dev. Center Rooms 1301-1303 600 Butler Farm Road
78549	10/25	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Auditorium 10000 Germanna Point Drive
78550	11/01	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA158 3001 North Beauregard Street
78551	11/08	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
78552	11/22	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
78553	12/06	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent

\*\* This may be used as a component course for both VDSS Early Childhood Endorsement Programs. See page 9 for details.

## CHLD 2008 REFRAMING DISCIPLINE PART I: FROM STOPPING MISBEHAVIOR TO TEACHING SKILLS\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.  
 Fee: \$10.00  
 Target Audience: Providers who work with children ages  
 2 – 8 years

### Overview

This course suggests ways that adults can connect with children who have behavior challenges to help them engage, learn and get along with others. Participants will learn how to examine their own attitudes related to discipline and change the way they deal with children from a reactive mode to a teaching mode so that the children can learn more appropriate behaviors. The course will provide adults with the skills necessary to move from seeing a "problem child" to seeing "problem behavior."

Registration Number	Date	City	Location
78532	09/27	Fredericksburg	Germanna Community College Workforce Building, Auditorium 10000 Germanna Point Drive
78533	10/04	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
78534	10/25	Chester	John Tyler Community College Chester Campus Moyar Hall, Rooms M201 A & B 13101 Jefferson Davis Highway
78535	11/08	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
78536	11/15	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA158 3001 North Beauregard Street
78537	11/22	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
78538	11/22	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
78539	11/22	Abingdon	Virginia Highlands Community College Southwest Higher Education Center Room 240 One Partnership Circle
78540	12/06	Weyers Cave	Blue Ridge Community College Robert E. Plecker Workforce Center Room P126A One College Lane
78541	12/06	Hampton	Thomas Nelson Community College Peninsula Workforce Dev. Center Rooms 1301-1303 600 Butler Farm Road

\*\* This may be used as a component course for both VDSS Early Childhood Endorsement Programs. See page 9 for details.